

## Resources

### Recreational Resources:

**Community Recreation Group Zoom** – <https://craighospital.org/programs/therapeutic-recreation/outpatient-brain-injury-community-recreation-group>

**Outdoor Mindset** – [www.outdoormindset.org](http://www.outdoormindset.org)

**Accessible Birding** – Denver Audubon - <https://denveraudubon.org/>

### Various Adaptive Recreation Organizations in Colorado:

- NSCD – [www.nscd.org](http://www.nscd.org)
- Adaptive Adventures – [www.adaptiveadventures.org](http://www.adaptiveadventures.org)
- Breckenridge Outdoor Education Center – [www.boec.org](http://www.boec.org)
- Challenge Aspen – [www.challengeaspen.org](http://www.challengeaspen.org)
- Ignite Adaptive Sports – [www.igniteadaptivesports.org](http://www.igniteadaptivesports.org)
- Paradox Sports (climbing) – [www.paradoxsports.org](http://www.paradoxsports.org)
- Adaptive Sports Center – [www.adaptivesports.org](http://www.adaptivesports.org)

### Columbine Park Pass – Colorado state park pass -

<https://cpw.state.co.us/buyapply/Pages/ColumbinePassInfo.aspx>

**Access Pass – National Parks Pass** - <https://www.nps.gov/planyourvisit/passes.htm>

**Fishing Pass** - <https://cpw.state.co.us/veteran-resident-lifetime-combo>

**Wilderness on Wheels** – [www.wildernessonwheels.org](http://www.wildernessonwheels.org)

**Staunton State Park** – Track chair program and accessible to easy hiking paths -

<https://cpw.state.co.us/placestogo/parks/Staunton/Pages/Track-Chair-Program.aspx>

**Brain Injury Association of Colorado** – [www.biausa.org/](http://www.biausa.org/)

**Love your Brain Foundation – yoga** – [www.loveyourbrain.com](http://www.loveyourbrain.com)

**Craig Adventure Program** - [www.craighospital.org/events](http://www.craighospital.org/events)

### Support Networks Resources:

**Craig Hospital** - <https://craighospital.org/programs>

**Brain Injury Hope Foundation:** <https://www.braininjuryhopefoundation.org>

**Brain Injury Alliance of Colorado:** <https://biacolorado.org/resource-directory/>

**Mind Source Injury Network:** <https://mindsourcecolorado.org>

**Epilepsy Foundation of Colorado:** <https://www.epilepsycolorado.org>

**Anschutz Department of Neurosurgery School of Medicine:**

<https://medschool.cuanschutz.edu/neurosurgery>

**Brainline** – All about Brain Injury and PTSD – Source Directory of Colorado -

<https://www.brainline.org/resource-directory/state/CO>

**Traumatic Brain Injury.com** - <https://www.traumaticbraininjury.com/resources/colorado/>

**Brain Injury Association of America – (Colorado)** - <https://www.biausa.org/find-bia/colorado>

**Colorado Department of Human Services (Colorado Brain Injury Program Becomes MINDSOURCE - Brain Injury Network)** - <https://www.colorado.gov/pacific/cdhs/news/colorado-brain-injury-program-becomes-mindsorce-brain-injury-network>

**National Institute for Neurological Disorders and Stroke**

<http://www.ninds.nih.gov/disorders/tbi/tbi.htm>

**University of Colorado Neuroscience Clinic**

<https://www.uchealth.org/locations/uchealth-neurosciences-center-anschutz/>

**Learning Services Neurobehavioral Institute**

<https://learningservices.com/locations/colorado/>

**National Center for Injury Prevention and Control**

<https://www.cdc.gov/injury/index.html>

**Traumatic Brain Injury**

<http://www.traumaticbraininjury.com/>

### Brain / Spinal Cord Injury Information Guides:

**Synapse Australia Brain Injury Organization**

<https://synapse.org.au/understanding-brain-injury/>

**Christopher & Dana Reeve Foundation**

<https://www.christopherreeve.org/get-support>

### **Resources for Civic Volunteering**

**Arvada** – <http://arvada.org/about/jobs/city-volunteer-opportunities>

<http://arvada.org/city-hall/government/boards-and-commissions>

**Denver** - <https://www.denvergov.org/content/denvergov/en/denver-human-resources/volunteer-opportunities.html> (Example: Denver Commission for People with Disabilities)

**Englewood** – <http://www.engagewoodgov.org/our-community/volunteer-opportunities>

**Golden** – <http://www.cityofgolden.net/government/boards-commissions/>

<https://www.governmentjobs.com/careers/goldenco/transferjobs>

**Lakewood** – <http://www.lakewood.org/Boards/> (Example: Advisory Commission for an Inclusive Community)

<http://www.lakewood.org/Volunteer/>

**Littleton** – <https://www.littletongov.org/city-services/city-departments/human-resources/volunteer-opportunities>

<https://www.littletongov.org/connect-with-us/city-leadership/authorities-boards-commissions>

**Thornton** – <https://volunteers.cityofthornton.net/>

<http://www.cityofthornton.net/government/city-clerk/Pages/boards-commissions.aspx>

### **Resources for Community Volunteering – Local Coordinating Organizations**

**All For Good Denver** - <http://www.allforgood.org/volunteer-opportunities-in-denver-co>

**Metro Volunteers or Spark of Change-** [www.sparkthechangecolorado.org](http://www.sparkthechangecolorado.org)

**United Way Denver** - <http://www.unitedwaydenver.org/volunteer>

**Volunteer Match** - <https://www.volunteermatch.org/> Metro Denver Area focused.

**Volunteers of America – Colorado Branch** <https://www.voacolorado.org/volunteer>

**Project Helping** - [www.projecthelping.org](http://www.projecthelping.org)

### **Resources for Recreation in your Community – Municipalities:**

**Arvada** - <http://arvada.org/explore/sports-recreation>

<http://arvada.org/explore/open-space-nature>

<http://arvada.org/residents/social-services/safe-and-accessible-arvada>

**Denver** - <http://www.denvergov.org/content/denvergov/en/denver-parks-and-recreation.html>

<http://www.denvergov.org/content/denvergov/en/denver-parks-and-recreation/activities-programs/adaptive-recreation.html>

**Englewood** – <http://www.engagewoodgov.org/our-community/recreational-opportunities/parks-and-recreation>

**Golden** – <http://www.cityofgolden.net/government/departments-divisions/parks-and-recreation/>

<http://www.cityofgolden.net/government/ada-assistance/>

**Lakewood** -

[http://www.lakewood.org/Community Resources/Recreation/Patrons with Disabilities/Therapeutic Recreation.aspx](http://www.lakewood.org/Community_Resources/Recreation/Patrons_with_Disabilities/Therapeutic_Recreation.aspx)

<http://www.lakewood.org/CampsClassesLeagues/>

**Littleton** – <https://www.littletongov.org/my-littleton/parks-trails-monuments>

<https://www.littletongov.org/city-services/city-departments/human-resources/americans-with-disabilities-act>

**Thornton** – <https://www.cityofthornton.net/recreation/Pages/default.aspx>

[https://www.cityofthornton.net/government/humanresources/Documents/ada\\_notice.pdf](https://www.cityofthornton.net/government/humanresources/Documents/ada_notice.pdf)

### **Resources for Americans with Disabilities:**

- **Rocky Mountain ADA Center** - <https://www.rockymountainada.org>
- **Americans with Disabilities Act (ADA)** - <https://www.ada.gov>
- **Colorado Cross-Disability Coalition** - <http://www.ccdconline.org>
- **Disability Law Colorado** - <https://disabilitylawco.org>
- **ADA Overview Handout** - <https://adata.org/factsheet/ADA-overview>