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“AS YOU READ ABOUT THE MANY SUCCESS STORIES OF OUR PATIENTS AND GRADUATES, YOU SHOULD FEEL A SENSE OF ACCOMPLISHMENT KNOWING THAT YOU HELPED SUPPORT THEIR EFFORTS.”

Message from the Executive Director
Craig Hospital Foundation

“Return on Investment (ROI)” is most often connected to the business world, and even when associated with nonprofits, the focus is on getting the most for the money you invested or contributed. However, ROI in our 2011 Craig Foundation Annual Report refers to the return of independence for Craig patients. Craig Hospital is recognized internationally for the superior outcomes our patients have in the areas of functional independence, as well as the percentage of patients returning to home, to work and to school.

As you read about the many success stories of our patients and graduates, you should feel a sense of accomplishment knowing that you helped support their efforts. Many of our programs would not be in existence but for the support of our donors. Therapeutic Recreation, our Nurse Advice Line, our research collaborations and our assistance provided to patients to purchase equipment or modify their homes are all possible through the generosity of those individuals, families, corporations, organizations and foundations who have donated in 2011.

So it is true that your contribution to the Craig Hospital Foundation receives an outstanding return on investment by providing a powerful impact in the lives of our patients as they return to independence.

You are an important part of the Craig family, and we thank you.

Mary Konrad Feller
Executive Director
Craig Hospital Foundation

“CRAIG SETS THE REHABILITATION STANDARD FOR PEOPLE AFFECTED BY BRAIN AND SPINAL CORD INJURY.”

Message from the President and CEO
Craig Hospital

This has been a banner year for Craig with several milestone events: the opening of the PEAK fitness center, a 10-week investigational study of the Ekso Skeleton, and a legislative bill signed into law allowing the Craig Hospital license plate. The PEAK fitness center is designed exclusively for those with varying degrees of disability. Aptly named for Performance, Exercise, Attitude and Knowledge, the center optimizes recovery and prevents secondary complications associated with immobility. Features include state-of-the-art equipment, one-on-one personal training, pool therapy, functional electrical stimulation (FES) bike classes and adaptive yoga.

We also hosted a press conference with Ekso Bionics to introduce a new exoskeleton product now available for use in the PEAK center. This robotic device is strapped over the user’s clothes. It brings a person to a standing position, supporting the body. It then moves the legs for the patient allowing him or her to “walk.” This lower body exoskeleton has been proven safe, but more importantly it has shown to be an effective means of getting patients with paralysis up and moving, therefore enhancing long term physical and psychological benefits.

Craig is also the first and only hospital in the nation to have its own license plate. A portion of sales benefits our patient assistance program.

We continue along our award-winning trend. We were privileged this year to be ranked for the 22nd consecutive time as a Top Ten Rehabilitation Center by US News and World Report, and recently received the prestigious El Pomar Spencer and Julie Penrose Award for the Outstanding Nonprofit in the state of Colorado. We once again achieved Magnet® status for nursing excellence and were awarded the NDNQI® designation for nursing quality.

Thanks to our exemplary staff, physicians and volunteers, Craig sets the rehabilitation standard for people affected by brain and spinal cord injury. There are many things that set Craig Hospital apart, but the minute you walk in the door you’re surrounded by the healing, compassionate culture for which Craig has become known.

There are some exciting things happening in Craig’s future that you should watch for: We’re working on a dynamic, campus vision that will enhance privacy, promote family inclusion and education, and integrate state-of-the-art technology so we can remain the leader in rehabilitation for spinal cord and traumatic brain injury, ensuring the best possible outcomes for generations to come.

To all of our supporters who have helped us make a difference in the lives of the patients we are privileged to serve, a most heartfelt thank you.

Mike Fordyce
President and CEO
Craig Hospital

Mary Konrad Feller
Executive Director
Craig Hospital Foundation

Mike Fordyce
President and CEO
Craig Hospital
CHARLES HAMLIN, MD
Giving Back Independence One Surgery at a Time

When I met Dr. Charles (Charlie) Hamlin, I was immediately inspired by his warm and contagious spirit of enthusiasm. We enjoyed club sandwiches and lemonade that he graciously brought to our meeting. "The secret to this sandwich," he confessed with a wink, "is the extra bacon and extra mayo." He is a compelling storyteller. I realized at the end of the interview, that I had become so caught up in the tale of his life that I’d neglected to write anything down.

Dr. Hamlin is a founding member of Hand Surgery Associates in Denver—he practiced there for almost four decades before he retired from the practice. This humble man holds degrees from Yale University, Dartmouth Medical School and an MD from Columbia University College of Physicians & Surgeons. He is a fellow in the American Academy of Orthopaedic Surgeons and received their Humanitarian Award in 2001. He also received the Volunteer Service Award from the American Society for Surgery of the Hand in 2007.

In the 1970s, Dr. Hamlin began a hand clinic at Craig Hospital for reconstruction of the upper extremity in the quadriplegic patient. "The tangible rewards are seeing these people taking care of themselves and their families and getting back to work." Dr. Hamlin has made a measurable difference in many lives of patients with quadriplegia. One of his surgical loves is the "art" of tendon transfers. "Whereas we all have over fifty working muscles below the elbow, the spinal cord patient may have only four to six. Selectively redistributing these assets can restore function where none has been present, providing pinch and grasp and release." This can make a major difference in everyday activities, such as cutting food, opening cans or bottles, holding a pen, holding a cell phone, dealing with buttons or zippers or turning a doorknob.

Dr. Hamlin credits several world-renowned mentors and teachers who contributed to his success, but it was also some serendipitous occasions that defined the path of his life. "The most courageous decision I made was a cold call to Craig Hospital, offering to begin a hand program there, this following the care of a patient I shared with Dr. Mark Cilo, who had recently joined the staff. I quickly learned of the team approach at Craig, which takes on incredible challenges with grace and integrity—to my mind, they are the best in the world at what they do."

He volunteered his services in outreach clinics that Craig held on Indian reservations in New Mexico and Arizona, and soon realized the need for hand care on the Navajo Reservation. For several months he was met only with skepticism from Reservation representatives when he pitched the idea, until Peterson Zah, the President of the Navajo Nation at the time, heard about Dr. Hamlin’s proposal and arranged a private audience. The clinic opened four months later. Dr. Hamlin donated his own instruments, encouraged orthopedic companies to donate supplies, and rallied his colleagues to participate in this clinic, which has been operating essentially monthly since 1994. "Seeing patients get better, many formerly untreated, is gratifying, and in this beautiful setting on the rim of the Canyon de Chelly, sacred ground to the Navajo people, near the community of Chinle, Arizona—how can you not be inspired?"

As Dr. Hamlin likes to say, "My life is a lot like the quote I paraphrase from Joseph Campbell’s The Power Of Myth, ‘if you’re doing the right thing, doors will open for you.’"

Dr. Hamlin recently made a donation to the Occupational Therapists Education program at Craig, "to mark every year of the 30 years I’ve been involved with Craig. With everything I’ve done, I got more than I gave."

Because of the funds Dr. Hamlin has provided for continuing professional education and development of the Craig Hospital Occupational Therapy staff and community clinicians, a two-day course was offered at Craig entitled: "Functional Electrical Stimulation and Contemporary Approaches in Neurological Rehabilitation: Coupling Therapies." Thirty attendees were able to participate and gain knowledge and expertise because of Dr. Hamlin’s generosity.

"IF YOU IMAGINE YOURSELF WAKING UP IN THE MORNING WITH OVEN MITTS ON YOUR HANDS—THAT GIVES YOU SOME CONTEXT AROUND WHAT LIFE IS LIKE AS A QUAD. YOU CAN’T GRAB YOUR HAIRBRUSH, TOOTHPASTE OR KEYS. IT’S DIFFICULT TO SHOWER OR DRESS YOURSELF, MAKE TOAST OR POUR JUICE. DR. HAMLIN’S SURGERY ALLOWED ME TO TAKE OFF THE OVEN MITTS AND GET ON WITH MY LIFE."

Chris Chappell, Craig Hospital Graduate Relations Coordinator

"WITH EVERYTHING I’VE DONE, I GOT MORE THAN I GAVE"

DR. CHARLES HAMLIN
Imagine you have a spinal cord injury. You live in a small rural community in Colorado and are doing well. Without warning, a small red pressure spot appears on your spine. You check all your information, implement the remedies you learned at Craig, but things don’t improve, and you develop a pressure sore. You need advice, but your doctor doesn’t have the necessary expertise, and a specialist is many hours away. What do you do?

For decades, an informal network of Craig health care providers and Craig graduates existed in these critical moments. Craig graduates would call someone they knew hoping the staff member would have a few moments to chat.

Now, in its fourth year, the Spinal Cord Injury Nurse Advice Line replaces that heartfelt, but scattered response. It provides free in-depth medical and wellness advice to Craig graduates and others with spinal cord injuries all over the United States. People with spinal cord injuries manage their condition throughout their lives, and things can change dramatically from day-to-day, year-to-year. A piece of medical advice can keep a small health issue from becoming a medical emergency.

Established in 2008, the Advice Line has helped over 5,600 people, and demand continues to soar. The staff includes three registered nurses who are licensed in all 50 states. This innovative project is nurse-led, nurse-managed and serves a broad base of consumers and professionals.

IT IS MORE THAN AN ADVICE LINE, IT’S A LIFELINE.
Craig Hospital Nurse Advice Line: 800-247-0257

Thank you to the following funders of the Nurse Advice Line in 2011:
Caring for Colorado Foundation
Christopher and Dana Reeve Foundation
El Pomar Foundation
Dr. Leigh A. Marsh
Raisin Hope Foundation

ADAPTIVE TECHNOLOGY AT CRAIG

Doug Frydenlund –
The Cutting Edge Independent
Doug Frydenlund was four-wheeling near the family summer home in remote Northern Minnesota when a branch from a fallen tree punctured his radiator. He arranged for a tow truck, called for a rental car, and hopped on his brother’s motorcycle with a friend to go pick it up. On an otherwise clear and open road, a simple square of loose gravel altered his path.

“One nanosecond changed my whole existence. No one—no one—no one, can be prepared by any stretch of the imagination to be faced with the obstacles and costs associated with a catastrophic spinal cord injury,” remarks Doug.

When you arrive at Craig, you don’t realize that while you’re learning about this new normal and learning how to function in this universe, the staff at Craig is quietly learning about you—what makes you tick, what you were doing, how you were living. When the time is right, you’re presented with options, which open limitless possibilities.

When Jill Baldessari, assistive technology specialist at Craig, offered to show Doug some technology options for his new life as a quadriplegic, he admits he was skeptical. He and his partners in a commercial wall-covering company pride themselves on the use of cutting edge technology to stay ahead of the competitors.

“It turned out that the adaptive tech lab at Craig was the best thing that happened to me. It has not only allowed me to compensate for my lack of dexterity, but I’ve also reinvented operations in my home office without missing a beat. The Dragon software program types what I speak—I can breeze through emails faster than I ever could before. Home automation—automatic door openers and light switches have made a huge difference as well.”

“I’VE FOUND IN MY LIFE, THAT SOME PATHS ARE JUST NOT MEANT TO BE. YOU HAVE TO BE OPEN TO CHANGE FOR BETTER OPPORTUNITIES TO BE PRESENTED.”

About the Lab
The Adaptive Technology Lab is staffed by specialized OTs and provides hands-on education and training to patients and families about the most current equipment, software and technical devices on the market, and how such equipment can improve the quality of their lives.

2011 Program Improvements
- Outfit of a Mac Mini COW (Computer on Wheels) that can be easily transported around the hospital
- Expansion of our Bluetooth headset loan bank—both in terms of numbers and selection
- Purchase of the Dragon Naturally Speaking 11
- Addition of the LiveScribe—a tool for taking notes that works with both TBI and SCI
- Purchase of the L5 adapter and app for Apple smart devices, demonstrating how patients can control IR technology from their mobile devices
- Purchase of affordable voice activated TV remotes for the loan bank

IN 2011, THE ADAPTIVE TECHNOLOGY PROGRAM WAS SUPPORTED BY THE KENNETH KING FOUNDATION, THE McKENZIE FAMILY AND OTHER GENEROUS DONORS.
DONATIONS TO THE ADAPTIVE TECHNOLOGY PROGRAM CONTINUALLY IMPROVE AND ENHANCE THE LIVES OF CRAIG PATIENTS THROUGH BUSINESS TOOLS, HOME AUTOMATION, AND OTHER LIFE APPLICATIONS.

Name: Jeff McCaffrey
Occupation: Commercial real estate agent for U.S. government
Aspiration: Show the world how stem cell research can change lives

When a spinal cord injury changed the course of Jeff’s life as a young Air Force cadet and football player, he remained intent on pursuing his dreams. Almost ten years after finding amazing support and strength during his time at Craig, he’s gone on to earn multiple degrees, including an MBA.

He recently became a role model for other Craig patients through the Christopher Reeve peer-mentoring program. As if that’s not inspiring enough, when he’s not skiing, snowmobiling, hiking, kayaking or taking on the great outdoors, Jeff is also a huge advocate for stem cell research outreach and education.
In FY2011 we spent ~$547,000 in direct patient assistance.

**EXPENDITURE ON DIRECT ASSISTANCE**

- $40,000 to $56,000 per month, depending on 24-hour RN care for vent and trach patients: $28,000-$32,000
- $6,000 Titanium wheelchair: $5,000
- Manual wheelchairs: $3,000

That equates to up to $672,000 per year.

Shower commode chair: $3,000

**DIARY COSTS**

Disposable medical supplies can cost thousands of dollars per month depending on the equipment required—such as catheter or ventilator supplies.

**Equipment**

- 24-hour RN care for vent and trach patients: $40,000 to $56,000 per month, depending on which state the patient resides. That equates to up to $672,000 per year.

In family therapy. Currently, she is living in Colorado enjoying the outdoors, the ski season, and learning to scuba dive, all while working to become a licensed therapist. “In general my favorite thing is to share in people’s stories and that’s why being a therapist works for me.”

Craig Hospital is the first hospital in the nation to have its own license plate. The bill was passed into law last year, and plates are now available at your local Colorado Department of Motor Vehicles office. After a $20 donation is made to the Craig Hospital Foundation, you will be issued a certificate to take to the DMV where you can purchase your license plates. Standard registration fees apply.

**NAME:** Nicole Miller  
**Occupation:** Family Therapist  
**Aspiration:** Help the lives of others

Craig prides itself on always being at the forefront of innovation and technology. In this spirit, our physical therapy and outpatient departments opened a new therapy and wellness center for Craig patients and others in the community.

The PEAK Center — aptly named for Performance, Exercise, Attitude, and Knowledge — was created for individuals with neurologic disabilities who are seeking to optimize their recovery and prevent the secondary complications associated with immobility. One-of-a-kind services and customized treatment plans are provided to clients in a highly motivating environment after traditional rehabilitation services have been completed.

To maximize access, the PEAK Center provides three levels of service, catering to a wide variety of individual physical needs, economic situations and commitment levels. Individuals with neurologic disabilities have the opportunity to participate in the following three programs:

- **Wellness Membership:** Fully adapted fitness center with knowledgeable staff on site to design and provide guidance for fitness programs that are specific to an individual’s abilities and goals.
- **Fitness Classes:** Functional electrical stimulation (FES) cycling classes; upper extremity ergometry cycling classes; seated classes focused on strength and conditioning.

**DID YOU KNOW?**

**Equipment Costs**

Vital equipment required after catastrophic injury may not be covered under a standard insurance policy, or a patient may not have insurance. These costs can be financially devastating. The Craig Hospital Foundation assists in getting patients the vital equipment they need, so they can be as independent as possible.

**EXAMPLE COSTS:**

- Manual wheelchairs: $5,000
- Titanium wheelchair: $6,000
- Sip and puff power recliner wheelchair: $28,000-$32,000
- 24-hour RN care for vent and trach patients: $40,000 to $56,000 per month, depending on which state the patient resides. That equates to up to $672,000 per year.

Environmental control units (ECU): $500- $16,000

**DID YOU KNOW?**

Environmental control units (ECU): $500-$16,000 for a specialty mattress

Disposable medical supplies can cost thousands of dollars per month depending on the equipment required—such as catheter or ventilator supplies.

**EXPENDITURE ON DIRECT ASSISTANCE**

In FY2011 we spent ~$347,000 in direct patient assistance.

Within this:

- 48% Durable Medical Equipment (wheelchairs, shower commodes, lifts, beds, etc.)
- 15% Home Modifications
- 10% Transportation Assistance
- 8% Emergency Assistance (mortgages, food, power bills, etc.)
- 5% Dental and Non-Craig Medical Assistance
- 4% Air Transport (admissions/getting people here)
- 2% Recreational Assistance
- 1% Vehicle Modifications

The center was made possible by generous donations from:

- The Craig H. Neilsen Foundation
- The Daniels Fund
- The Phillips Foundation
- The Roddy Family
- and other generous donors

The center will be sustained by outpatient revenues and memberships.

For information on the PEAK Center, contact Julie Waldie, jwaldie@craighospital.org 303-787-8325

**PEAK WELLNESS CENTER**

Craig Hospital is the first hospital in the nation to have its own license plate. The bill was passed into law last year, and plates are now available at your local Colorado Department of Motor Vehicles office. After a $20 donation is made to the Craig Hospital Foundation, you will be issued a certificate to take to the DMV where you can purchase your license plates. Standard registration fees apply.

A special thank you to Senator Nancy Spence for her support of the Craig license plate.

For more information about the license plate program, contact Chris Chappell, 303-787-8188, chchappell@craighospital.org. To make a donation and obtain a certificate, contact Nancy Harbin at 303-787-8400, nharbin@craighospital.org

**SHOW YOUR SUPPORT WITH A CRAIG HOSPITAL LICENSE PLATE**

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- **Fitness Classes:** Functional electrical stimulation (FES) cycling classes; upper extremity ergometry cycling classes; seated classes focused on strength and conditioning.

**PEAK WELLNESS CENTER**

- **Activity-Based Training:** One-to-one training utilizing cutting-edge technology by staff specializing in neurologic injury and disease

Along with the physical aspect of recovery, the PEAK Center provides access to massage therapy, education classes and peer support to promote a healthy lifestyle with balance for mind, body and spirit. Craig’s therapeutic recreation department also plays a valuable role in achieving this balance by providing PEAK Center members access to amazing recreational activities including white water rafting, scuba diving, competitive sports and hand cycling.

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- The Craig H. Neilsen Foundation
- The Daniels Fund
- The Phillips Foundation
- The Roddy Family
- and other generous donors

The center will be sustained by outpatient revenues and memberships.

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**WE’VE BEEN SO IMPRESSED AND OVERWHELMED BY THE KINDNESS AND WILLINGNESS OF YOUR STAFF TO GO ABOVE AND BEYOND. OUR FAMILY IS BLESSED TO BE HERE THIS WEEK, AND WE’RE JUST GETTING STARTED!! THANK YOU FOR WHO YOU ARE AND WHAT YOU’RE DOING!!**

Debbie Smith Hubbard
IMPACT ON INDEPENDENCE
Education is an integral part of every Craig patient’s experience. They learn about their injuries, new physical needs, personal care necessities and techniques, mobility skills, infection prevention, and all sorts of information that can help build successful and healthy lives going forward.

However, for school-age patients, education takes on a more significant role. Many younger patients find their formal education journey turned upside down. Injuries interrupt school year calendars leaving patients wondering when, and how, they will ever get to wear their cap and gown.

The Craig Hospital School Program helps school-age patients continue current academic requirements or remedial work during their rehab. On top of different therapies, medical appointments and other rehab activities, these students study subjects from English literature to geometry and algebra. Taping charts where they can be seen and studied, doing math through dictation, and earning PE credits for attending multiple hours of physical therapy, all become part of a student’s personalized academic curriculum and newly structured study habits. Students want to return to their hometown schools and graduate with their class and good friends if possible.

Craig’s School Program is accredited as an Alternative School in Colorado, receives regular visits from state personnel, and contracts with a state special education director who oversees this critical program. Students from all over the country participate, and the program helps 25-30 students a year.

For Traumatic Brain Injury patients, schoolwork becomes an extension of their cognitive therapy including:
- Speech exercises
- Focused attention development
- Problem solving
- Learning and memory strategies
- Higher level thinking skills

For Spinal Cord Injury patients, schoolwork keeps patients current in at least one, if not more, classes. Techniques include:
- Textbooks online
- E-books where novels can be read by swiping a device with one finger
- Composing essays or reports through dictation and scribing
- Using voice recognition software to eliminate need for typing
- Practicing math through dictation and scribing

Technology quickly becomes an important tool to overcome physical limitations and leads to new approaches and “out of the box” lesson plans. One teacher leads the program and works with the patient’s medical team, family, school counselor and various teachers. Community volunteers from various Colorado schools and colleges offer additional resources, and even other patients’ family members pitch in expertise when needed.

When it’s time to go home, the Transition Plan is in place. Students and hometown school personnel know what they need to do and how they need to do it. The students’ determination, courage, perseverance and excitement propel them toward success. Partnered with outstanding staff and encouragement from innumerable people and organizations, the students recognize the importance of education and its vital role in their ultimate success.

“THE BEST PARTS OF MY JOB ARE THE RELATIONSHIPS I BUILD WITH MY STUDENTS. I TEACH ONE-ON-ONE EVEN WHEN ON BED RESTI, CREATE PERSONAL LESSON PLANS, BUILD ON THEIR STRENGTHS AND ADVOCATE FOR THEM WHEN THEY RETURN TO SCHOOL. MY STUDENTS ARE A BLESSING.”

Laura Magnuson
Craig teacher and director of the school program

LAURA MAGNUSON

Laura Magnuson champions and advocates for every one of her students—developing specialized education plans, traveling out of state to attend graduations, planning celebrations and ceremonies for those students unable to leave Craig, and often using her own funds to supplement an educational program for a student. These are just a few of the students whose lives have been touched by Laura Magnuson.

Ben (SCI – diving accident)
- 17 year-old senior from Del Rio, Texas, at Craig for seven months.
- Make-A-Wish flew Ben, his family, and a nurse from Craig (Bice Marsolek) home to Del Rio for graduation.
- Laura and her husband spent vacation time to fly to Del Rio, Texas, to celebrate Ben’s graduation

Sydney (TBI – car accident)
- Will graduate with honors this May
- She’s been awarded scholarship money and is considering attending either Regis or CSU to possibly pursue a degree in nursing.
- She single-handedly planned and implemented a fundraiser for Craig patients and families.

Megan (severe TBI caused by stroke)
- Accomplished her goal last May of walking across the stage of her high school graduation.
- “I have been back on my horse as he was a huge part of my motivation. Even though I know I will never be able to compete on my horse again, I still enjoy being on the back of my best friend Salsa.”

Scott (SCI)
- Scott took advantage of his time at Craig to reach his goal of pursuing his GED
- A formal “graduation” across the Craig bridge was featured on FOX Network. He gave the “commencement address” **

** Special thanks to Chalmer Naugle, Chief GED Administrator for the state of Colorado for his generous spirit in taking the time to come to Craig to administer the tests for Scott, and speak at his graduation.

STUDENT AND TEACHER SUCCESS

“In 2012, 18+ Craig graduates will earn their high school diplomas.

Laura Magnuson is a 2012 People First Award Winner! Presented by the Colorado Special Education Advisory Committee, the “People First” philosophy means the individual goes above and beyond to make a difference in another person’s life. Laura sees the person first and the disability last. As one of the first award recipients, Laura shares her positive energy and dedication with Craig graduates across the country.

Congratulations, Laura!

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“EACH WEEK I COME VISIT YOUR FACILITY TO SEE MY NEPHEW HE IS THERE RECOVERING AND REHABILITATING FROM A BACK INJURY, AND EACH WEEK I BECOME MORE AND MORE CONVINCED THAT YOUR STAFF ARE MIRACLE WORKERS. YOUR ENTIRE CREW HAS A CONTAGIOUS POSITIVE GLOW THAT ALLOWS ME TO LEAVE MY VISITS KNOWING THAT MY NEPHEW IS IN THE BEST HANDS POSSIBLE AND I CAN GO HOME AT EASE.”

Thank you for what you do, and I wish more in this world could help others the way you do.”

Greg DiRito

Laura Magnuson
THANK YOU TO OUR 2011 DONORS!

Every donation is appreciated. Because of space considerations, we could only list donors of $500 or more during calendar year 2011. A complete listing of our donors can be found on our website at www.craighospital.org/foundation.

Name: Tom Castle
Occupation: President of Sullivan Hayes Real Estate
Aspiration: Find his new normal

For Tom, regaining his independence following his stroke last August means finding his new normal. “I just want to get back to being productive,” says Tom. Tom is returning to his position as President at Sullivan Hayes and resuming his duties as a real estate broker. He’s been in the business since 1979. Being back at the office, even if it’s only what he considers part-time for right now, is tremendous. ’Had I not had the chance to get into Craig’s rehabilitation program I would not be anywhere near where I am today. I can’t tell you what an extraordinary experience it’s been.”

Greg Thyfault

2011 CRAIG FINANCIALS

GIFTS RECEIVED
The Foundation received gifts of nearly $5.5 million last year. The percentages below indicate which constituents gave those donations.

Other Individuals 15%
Alumni 4%
Corporations 11%
Unrestricted 13%
Research 26%
Patient Assistance 2%
Capital 2%
Hospital Programs 29%

USAGE OF FUNDS

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<td>Hospital Programs</td>
<td>29%</td>
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2011 INDIVIDUALS, ALUMNI AND ALUMNI FAMILY MEMBER DONORS

Mr. and Mrs. Lester Ablin
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The Craig Hospital Foundation created the President’s Circle to recognize those who have annually contributed $10,000 or more. Philanthropy can be a powerful tool in helping to shape the future of an organization. The shared generosity of the founding members of the President’s Circle is not only a thoughtful acknowledgement of the value of Craig Hospital, but also serves as a beacon for others to follow. It is with grateful appreciation that we honor this special inaugural group of supporters. This listing includes those that gave $10,000 or more from October 1, 2010 through December 31, 2011.

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**Name:** John Ramstead

**Occupation:** Financial designer for estate and wealth transfer planning

**Aspiration:** Always provide for his family

After experiencing a traumatic brain injury last fall, John has already made remarkable progress. A veteran of Operation Desert Storm and an entrepreneur who started and sold multiple companies, this father of three knows how to persevere. He attributes his ability to get back to work so fast to the extraordinary support and knowledge of his team at Craig, who, “love what they do,” he says. From the moment John arrived at Craig, they have continually made him feel like the most important patient in the world. He’s looking forward to getting back to more of the things he enjoys, like skiing, biking and especially playing chess with his boys.

**Name:** Ralph Anhold—The Comeback

A seasoned biker, Ralph Anhold was descending Squaw Pass in July of 2010 with two of his longtime biking friends. He doesn’t remember exactly what happened. His friends became his memory for that day. He crashed at the bend in the road, just four miles from highway 74 near Bergen Park. He was taken to St. Anthony’s and was eventually transferred to Craig.

“During my recovery I thought I was thinking clearly, I thought I was logical, but now in hindsight, looking back, I realize how much this brain injury affected my mind. I wasn’t able to think like I do now. My family needed as much support as I did. But luckily, I’m back, thanks to physical therapy, occupational therapy and speech therapy, the support of my family, and Craig.”

Jam the Damz was Ralph’s comeback ride, and his goal to start doing what he enjoyed prior to his injury. “I worked hard to get to this point—I want to get my buddies out there so they can see that I’m okay and back in action!”

Join us for the 2012 Jam the Damz on September 29, 2012, starting at Clement Park near Columbine High School in Littleton, CO.

**www.jamthedamz.org**

**Name:** Laura Moss—The Fundraiser

Laura Moss remembers the day her father, Ted, was injured in a plane crash. “It was the hardest day of our lives, but we were so thankful he survived. How many people do you know who survive a plane crash?”

“My dad was athletic and physically fit prior to his accident. Within four months post-injury he was working out at a gym, driving, traveling—even kayaking! His mantra has always been, ‘these are the cards we are dealt.’ He not only dealt with those cards, he’s doing even more than he did prior to his accident!”

Laura found Jam the Damz on the Internet when she was searching for a way to do something for her father that would show her support. “It turned out to be an inspiration for all of us...to see so many people on hand cycles with similar injuries out enjoying and living their lives.” Family members came from Chicago, Steamboat and Denver to ride with and support Laura, Ted and Jam the Damz. Laura was the top fundraiser, raising in excess of $10,000.

**SAYING GOODBYE IS A BAD IDEA—JOHN RAMSTEAD**

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“CRAIG HOSPITAL IS AT THE TOP OF MY LIST WHEN I COUNT THE THINGS FOR WHICH I AM GRATEFUL. THANKS TO ALL THE STAFF AND THE WONDERFUL CARE YOU GAVE MY SON THOMAS WITH HIS TBI — FOREVER GRATEFUL!”

Linda Kuhn Waggoner
The Frank Craig Society includes individuals who have made plans in their wills or estates to leave a legacy to Craig Hospital. These gifts make a significant difference in the future of Craig, creating a lasting legacy for the donor, while helping assure the most independent future for those we serve. Thank you to all of our members who have advised us of their plans as well as those who wish to remain anonymous. For more information, please contact the Craig Hospital Foundation at 303-789-8650.

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2012 PUSH DINNER

Over half of the patients that come to Craig annually need financial assistance to help them get through their crisis. As a result and with your support, we help patients with minimal income or inadequate insurance with a wide range of needs including equipment, home modifications, transportation assistance for caregivers, childcare for children while parents are in therapy, mortgage payments until disability income becomes available and much more. Just a few of the overwhelming expenses that patients face include:

Crucial equipment, such as wheelchairs, voice activated computer equipment or adaptive controls on a vehicle

Home modifications which allow access to a previously inaccessible home—examples include ramps, handrails, widening of doors and roll-in showers. Some homes cannot be modified, so a patient may have to find a new home or apartment.

Caregiver training that can be prohibitively expensive. For a quadriplegic requiring a ventilator, caregiver costs can run in excess of $250,000 per year.

When our “graduates” return home to their communities, patient assistance continues. Through outpatient counseling as well as our free nurse advice line, we help patients and families achieve optimal health and the best quality of life possible throughout their entire life.

In addition, proceeds from PUSH help to fund curative research and studies to enhance and improve the lives of people affected by spinal cord and traumatic brain injuries. For a list of current research projects contact Mary Bonner at 303-789-8019.

“If you become involved with Craig as I have over the years, you will be rewarded in ways you never imagined. Lives are changed dramatically because of you. This is demonstrated every day.”

Art Seiden, Founder of PUSH
UPCOMING EVENTS

May 5, 2012
Columbine Run For Remembrance. Proceeds will be donated to Craig Hospital and the Columbine Memorial.
Contact Mary Bonner at: mbonner@craighospital.org

May 18, 2012
Belair Excavating Sporting Clays Shooting Benefit at Kiowa Creek Sporting Club, Bennett, Colorado.
Contact Marty Ward at: ward@belair-us.com, 303-394-1300

August 2, 2012
Annual Craig Hospital/REMAX, LLC Golf Tournament at the Sanctuary, Sedalia, Colorado.
Contact Sue Lynch at: Slynch@craighospital.org, 303-789-8578

August 11, 2012
Racing for Hope Cycling Classic
Contact Alice Brown at: racingforhope@comcast.net

September 29, 2012
Jam the Damz Cycling Event
www.jamthedamz.org or contact ccrahow@craighospital.org

March 2013
2013 PUSH Event – Details coming soon,
Contact Sue Lynch at: Slynch@craighospital.org

1907 AMBASSADOR CIRCLE

2012 marks the inaugural year of the 1907 Ambassador Circle at Craig Hospital. This auxiliary committee of young professionals is committed to supporting Craig Hospital’s mission and patients. From October through December, the group accepts proposals from representatives of hospital programs and departments for potential funding. Selected proposals receive 100% of the Ambassador Circle funds raised throughout the year.

Play a hands-on role in building the future of an organization by joining the 1907 Ambassador Circle today!

UPCOMING EVENTS:

Little Man Ice Cream:
Saturday, June 16th, from 1-3 pm
$1 of each ice cream sale will be donated to the 1907 Ambassador Circle Grant Fund
Location: 2620 16th Street, Denver, CO 80211  303-455-3811

For more information,
please visit www.facebook.com/1907AmbassadorCircle
You can also contact Jessica Nurack at 303-789-8631,
jnurack@craighospital.org

“CRAIG HOSPITAL IS THE BEST. WE ARE SO LUCKY IN THE DENVER METRO AREA TO HAVE CRAIG RIGHT IN OUR BACKYARD. HAVING SPENT SOME TIME VOLUNTEERING WITH MY DOG YOGI, I WAS TOUCHED SO MANY TIMES WATCHING THE CARE AND DEDICATION OF THE STAFF TO HELPING PEOPLE HEAL PHYSICALLY AND EMOTIONALLY FROM THEIR INJURIES. HATS OFF TO ALL CRAIG STAFF AND VOLUNTEERS.

I AM PROUD TO HAVE BEEN A PART OF IT.”
Anne Nicholas