When a catastrophic injury or medical event happens to a patient and his or her family, they can feel like the pieces of their lives have been broken apart and jumbled up.

At Craig Hospital, the pieces start to come together again. They may be in a slightly different arrangement than before. But with the help of donors like you, those pieces can reunite to form something beautiful.

On the following pages, you will meet some of the patients you have empowered through your love and care.

THANK YOU for helping them put together the pieces.

Fiscal Year 2019 at a Glance

**TOTAL NUMBER OF DONORS** 4,500

**TOTAL CONTRIBUTIONS RECEIVED** $8,445,864

**TOTAL FUNDS DISTRIBUTED** $7,371,614

**Volunteers served** 19,871 hours in a variety of capacities at the hospital and foundation, an estimated value of $505,345 in volunteer time.
## INPATIENT CARE

<table>
<thead>
<tr>
<th>451</th>
<th>34</th>
<th>45%</th>
<th>76%</th>
<th>24%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Craig treated 451 inpatients in fiscal year 2019. Forty-three percent of inpatients had spinal cord injuries, 49% had brain injuries, and 8% had combination injuries.</td>
<td>Inpatients came from 34 states. The highest number of inpatients came from Colorado, followed by California, Montana, Alaska, North Dakota, Missouri &amp; Kansas.</td>
<td>The highest percentage of inpatients (45%) were between the ages of 20 and 39.</td>
<td>76% of inpatients were men. 24% were women.</td>
<td>The causes of injury for inpatients were vehicular accidents (42%), falls (20%), medical diseases or complications (17%), sports (15%), violence (4%) and unknown causes (2%).</td>
</tr>
</tbody>
</table>

### 43 inpatients between the ages of 15-19.

## OUTPATIENT CARE

<table>
<thead>
<tr>
<th>1,684</th>
<th>46</th>
<th>38%</th>
<th>74%</th>
<th>26%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Craig treated 1,684 outpatients in fiscal year 2019. Seventy-four percent of outpatients had spinal cord injuries, 19% had brain injuries, and 7% had combination injuries.</td>
<td>Outpatients came from 46 states. The highest number of outpatients came from Colorado, followed by Wyoming, Kansas, California, New Mexico, Texas and Oklahoma.</td>
<td>The highest percentage of outpatients (38%) were between the ages of 40 and 59.</td>
<td>74% of outpatients were men. 26% were women.</td>
<td>The causes of injury for outpatients were vehicular accidents (44%), falls (18%), medical diseases or complications (17%), sports (15%), violence (5%) and unknown causes (1%).</td>
</tr>
</tbody>
</table>

### 94 outpatients between the ages of 15-19.
“It’s easy to be a person who goes through life not realizing how many people are struggling. I’m so grateful that there are people like you who understand what Craig patients are going through and give generously to help meet their needs.”

Ryan Strong, 2019 CRAIG GRADUATE
Ryan had a home to return to,

**THANKS TO YOU**

We love our home. When we purchased it in September 2018, it was everything we had hoped for. It was close to my work as a pipefitter and close to the hospital where Kasi works as an ICU nurse. There’s a big yard for our dogs to play in. It is a bit of a fixer-upper, so we got a good deal and could afford to make it our own.

And then, just a few months later, my accident happened.

In an instant, everything changed. During my rehabilitation following my spinal cord injury at Craig Hospital, the worries began creeping in. I wasn’t working and bringing in a paycheck. Kasi had to take unpaid time off to be with me during therapy. Bills were threatening to pile up. How would we pay our mortgage on top of my insurance and medical bills?

And even if we could keep our dream home, it wasn’t set up to accommodate a wheelchair user. We didn’t know what to do. Would we lose our home? Would we have to sell and move back to an apartment?

Then Avery, my clinical care manager at Craig, told me about the Craig Foundation’s Patient Assistance Fund. Generous donors like you have stepped in to help people like me.

Avery arranged for us to receive patient assistance funds to cover two months of mortgage payments to tide us over until my long-term disability benefits took effect. We received financial support to modify our bathroom with a wider door, an accessible sink and a roll-in shower. Avery introduced us to a Craig partner, the Homebuilders Foundation, that could do the bathroom work and build ramps so I could get in and out of our home.

And when the remodeling work wasn’t fully complete when I was ready to go home, Avery used the patient assistance funds to cover two weeks of temporary housing for us.

Because of donors like you, we were able to keep our home and make it work for my new situation. I can brush my teeth, use the restroom and shower independently. As I continue to make gains in my recovery on an outpatient basis, I know I have a safe and accessible home base.

**FROM THE BOTTOM OF OUR HEARTS, WE THANK YOU.**

With your help, we were able to distribute $1,294,815.09 in emergency financial assistance to Craig patients in fiscal year 2019.

**PATIENT ASSISTANCE BREAKDOWN**

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Durable medical equipment</td>
<td>33%</td>
</tr>
<tr>
<td>Home and vehicle modifications</td>
<td>10%</td>
</tr>
<tr>
<td>Scholarships for going back to school, therapeutic recreation or the PEAK Center</td>
<td>8%</td>
</tr>
<tr>
<td>Transportation for discharging patients and families</td>
<td>8%</td>
</tr>
<tr>
<td>Interpretive services</td>
<td>6%</td>
</tr>
<tr>
<td>Mortgage and rent assistance</td>
<td>5%</td>
</tr>
<tr>
<td>Air ambulance for new inpatients</td>
<td>5%</td>
</tr>
<tr>
<td>Outpatient services and NeuroRecovery Network program</td>
<td>5%</td>
</tr>
<tr>
<td>Caregiver training and support</td>
<td>5%</td>
</tr>
<tr>
<td>Dental or medical assistance</td>
<td>4%</td>
</tr>
<tr>
<td>Emergency assistance</td>
<td>1%</td>
</tr>
<tr>
<td>Other</td>
<td>10%</td>
</tr>
</tbody>
</table>

We appreciate generous donors who ensure Craig patients are able to focus on their recoveries, not on financial stress.

“We want to help patients receive the resources they need after they have sustained a catastrophic injury. We enjoy supporting the Craig Foundation because we know that our donations directly benefit those who need it the most.”

**Nicholas M. DeAngelis, DeAngelis Family Foundation**
To each of the donors, I want to say thank you. Your contribution has given me support and knowledge. You are making the future bright and worth it for each of us.”

Deverie Symons, 2019 CRAIG GRADUATE
BECAUSE OF YOU,
Deverie is contributing to her family—and helping create new ones.

I love helping women while they are in labor. As a labor and delivery nurse at Denver Health, I am invited into people’s lives while they are at their most vulnerable. I love seeing their strength and being there to help them grow their families.

What I did not know was that someday I would be the one who needed help.

On March 8, my husband woke up and found me unresponsive and barely breathing. I was diagnosed with a ruptured aneurysm and flown to University Hospital for emergency surgery. No one knows why it happened. I was young and healthy and had no risk factors.

After 21 days, I was transferred to Craig. My husband, Brent, was so relieved to know that I would survive, even though I wasn’t talking and was experiencing aphasia, or difficulty connecting my thoughts to my speech. Once we got to Craig, our focus turned to doing whatever we needed to do to get me back to 100%.

After my inpatient stay, I returned to Craig daily for outpatient therapy. I worked with physical, occupational, speech and driving therapists. I then met Haley in the donor-funded Community Reintegration Program. She helped me create a plan of what steps I needed to take in order to be comfortable going back to Denver Health.

I felt ready and was pushing to get back, but Haley was cautious. She said, “Let’s go slow; we don’t want to hit any bumps that we can’t overcome.”

Haley and Linda, my speech therapist, teamed up to help me practice the skills I need for my job. Many of my therapy sessions involved having me demonstrate and explain the processes for epidurals, inductions, IV’s and lab draws. They set up a lifelike scenario in Craig’s nursing simulation lab and arranged for a volunteer to play the role of a laboring mother. I was able to demonstrate that I knew how to do the job and could communicate clearly with my patients.

While I was working on my skills, Haley worked with my supervisors at Denver Health to coordinate my leave of absence and make sure my short-term disability was in order. She recommended that I return on a reduced schedule until I was ready to return full time. Everyone just bent over backward to support me.

Aug. 4 was my first day back at Denver Health, less than five months after my aneurysm. I started off working six-hour shifts, and I’m now up to nine hours.

The Community Reintegration program gave me the opportunity to go back to work in a well-supported manner.

IT FEELS AMAZING TO BE BACK. I FEEL WHOLE AGAIN.

Donors ensure that patients like Deverie can access our unique Culture of Care programs that empower every aspect of their lives, from work to play. Thank you!

“At Pinnacol, we know that one of the keys to recovery after a workplace injury is returning to work. The self-confidence and self-sufficiency that result are crucial to the healing process. That’s why we’re proud to support Craig Hospital’s Community Reintegration program.”

Edie Sonn, Pinnacol’s vice president of communications and public affairs
“Craig makes an impact that stays with you forever. These injuries are so devastating, but the support is so powerful. Donating money or time is a way for people not just to think of the impact in the back of their minds, but to carry it forward and add to the community.”

Cameron Shelley, 2017 CRAIG GRADUATE
Cameron discovered new passions,
THANKS TO YOU

The second my helmet hit my teammate’s shoulder pad, I knew.

As I lay on the football field waiting for the ambulance to come, my high school teammates gathered around me, I knew my life would never be the same.

I also knew that freaking out would not make it better. I prayed and felt a sense of peace overtake me. I knew things would work out.

Now, two and a half years after my spinal cord injury, I see that I was right. Things have worked out. I was not able to return to sports in the same way, but I have discovered a new passion.

On my first day at Craig, I met Danielle, a therapeutic recreation specialist. Danielle oversees the Teen Rehab at Craig (TRAC) program and assists with the Adaptive Gaming program. She popped into my room and asked me if I wanted to play video games with the other patients. That opened my eyes to the community that thrives at Craig.

Learning and rehabbing side by side with my peers in the donor-funded TRAC program and School Program helped my time at Craig fly by. When I left inpatient care after five weeks, I was able to walk using a forearm crutch.

I wanted to give back, and Danielle wanted to keep me connected to the Craig community. She knew that I was interested in engineering, so she approached me with a challenge. Could I create a joystick that would attach to an Xbox D-pad controller to make it easier to use for someone with limited hand function?

I worked with Danielle and Patrick in Craig’s Rehabilitation Engineering Department to design and refine the device in a computer-aided design program. From there, Patrick printed the joystick on Craig’s 3D printer. Once we were satisfied with the design, I uploaded the plans to an online database so that anyone can benefit from the design. Danielle is also using the device with her other patients to help them use gaming to meet therapeutic goals.

Through a formal internship program at my school, I worked with Patrick to design a new adaptive fishing rod extension component that helps people with limited finger strength to cast a line.

I have discovered that I love the engineering process, and I joined the robotics team at school. I am interested in exploring assistive technology and rehabilitation engineering as a career path.

When I entered high school, I was sure that football would be my legacy.

MY TIME AT CRAIG — AS A PATIENT, A VOLUNTEER AND AN INTERN — HAS GIVEN ME A NEW KIND OF PASSION AND A WAY TO ENGAGE.

We celebrate generous donors who provide Craig teens with support and engagement opportunities to assist them during their time of need. We appreciate you!

“Craig provides wonderful care to every patient. Teens who are rehabilitating at Craig face challenges that are different than those experienced by adult patients. We are pleased to support the TRAC program because it gives teens the social, emotional, and educational support they need during this most difficult time in their lives. TRAC is just one example of Craig’s commitment to greatness.”

Kathy Farrell, Odyssey Foundation
Thanks to generous donors, I am able to continue to enjoy my passion for cycling, something I never thought possible. Thank you for helping me achieve my goals and climb that ladder!

Dick Lowrey, 2017 CRAIG GRADUATE
WITH YOUR HELP,
Dick is back on a bike

I am an avid cyclist, going back to the 1980s when I first started riding in Vermont. Over the six years before my accident, I logged more than 35,000 miles.

On that morning in 2017, I thought I would go out for a quick ride, then come right back home to take my wife to brunch and the farmers market.

I got 10 minutes into my ride and woke up seven days later in the ICU. I had clipped a traffic cone with my front tire, lost control and landed on my face. I broke my neck and many bones in my face. I needed more than 50 stitches.

My care team at Swedish Hospital recommended that I go to Craig for my rehabilitation. When I arrived, I could not walk, I had a shoulder injury, and my hands were balled up in tight fists.

I believe that my attitude had a lot to do with my progress. I looked at being in the hospital as a painting project. You first have to put your ladder up against the building. Then you go rung by rung. Even as you climb higher, you may slip back down to a different rung. But you go step by step. I started off using a wheelchair, then a walker, then walking by holding someone’s hand.

Once I was discharged, I began seeing a physical therapist in the PEAK Center to continue to work on my balance. I enjoyed being active, but I missed being on my bike. A stationary bike just is not the same! My PEAK Center therapist, Natalie, suggested that I try riding around the gym while supported in the Vector track. The harness supports my body weight, allowing me to ride without the risk of falling. It feels so good; it is almost like being back on the road. As my balance improves, I hope to progress to riding in the halls and in a parking lot.

I am now a peer mentor, and I volunteer to deliver Craig Foundation gift bags to new patients. I like people, and I enjoy getting to know them and encouraging them with my own story.

I TELL THEM THAT YOUR ATTITUDE WILL DETERMINE YOUR ALTITUDE — IT SURE DID WITH ME.

We thank the donors who support Craig programming, which optimizes patients’ recovery and whole-body wellness.

“My husband and I gave to the PEAK Center because we know what a premier center it is for helping people to begin working out and building strength and stamina again. Everyone should be able to find a place to work out where the equipment and the staff can help you reach your training and conditioning goals. The PEAK Center is that place for people with disabilities.”

Eileen Lucey
PRESIDENT’S CIRCLE MEMBERS

These generous individuals, corporations, foundations, and other donors supported Craig Hospital with a gift of $10,000 or more between Oct.1, 2018-September 30, 2019.

To learn more about how you can join the President’s Circle, please contact 303-789-8650 or foundation@craighospital.org.

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