Our Mission
To promote optimal health and quality of life for people affected by spinal cord injury and traumatic brain injury
Craig Hospital is a world-renowned center for specialty neurorehabilitation, exclusively devoted to two types of injuries: **spinal cord injury** and **brain injury**. We provide a comprehensive system of inpatient and outpatient medical care, rehabilitation, and long-term follow-up services.

Recognized as a top ten rehab hospital* for the past 26 years, Craig Hospital is one of the most established rehabilitation hospitals in the world. Our patient outcomes are some of the best in the field of rehabilitative medicine. Our enthusiastic and experienced staff, environment filled with youthful energy, and community of peer support create the ideal setting to prepare our graduates to return to their lives.

We offer an individualized and comprehensive approach to spinal cord injury and brain injury rehabilitation. With state-of-the-art facilities and equipment, proven treatment methods, exceptional patient outcomes, a large group of patients with similar injuries, and a positive and caring attitude, Craig Hospital offers a powerful community of hope and possibilities. Our goal is not only to get our patients home, but to get them back to living.

*Ranked a top ten rehabilitation hospital by U.S. News & World Report for the past 26 years.

*Therapists use lacrosse as a creative activity to practice balance.*

**AWARD-WINNING NURSING CARE**

Craig Hospital has received the NDNQI® award as the nation’s top rehab hospital-based on quality outcome measures four out of the last five years. Craig received the prestigious Magnet Recognition® for quality in nursing in 2005-2010, 2011-2015, and 2015-2020.

Craig Hospital is located in Englewood, Colorado, which is a southern suburb of the Denver Metropolitan area. Our location in sunny Colorado allows patients the opportunity to rehabilitate outdoors, whether it’s on campus, in the vibrant city of Denver or nearby in the Rocky Mountains.
Each year, Craig Hospital treats an average of 515 inpatients and 1,400 outpatients.

Patient ages range from 15-65. We often have many adolescents and young adults at any given time.

**GENDER**

- Male: 76%
- Female: 24%

**ADMISSION DIAGNOSIS**

- SCI: 57%
- TBI: 43%

**CAUSE OF INJURY**

- Vehicular: 46%
- Falls: 21%
- Medical: 15%
- Sports: 13%
- Other: 2%

One of the most important benefits of Craig Hospital is the opportunity for patients of similar ages, backgrounds, and injuries to teach, encourage, and support one another. At any given time, Craig Hospital has approximately 50-55 inpatients with varying levels of spinal cord injuries, and 40-45 inpatients with brain injuries. Families learn from each other and form supportive relationships. This interactive education among peer groups significantly supplements what patients and families learn from their treatment staff, and is an extremely valuable benefit of specialized rehabilitation.

The goal of rehabilitation is to maximize neurological recovery, functional abilities, and psychological adjustment, so that patients can return home as independent and productive as possible, prepared to resume their lives. In order for patients to get the most out of their rehabilitation program, it is necessary for them to work hard. At Craig Hospital, we set high expectations for patient and family participation. Rehabilitation is an empowerment process to teach patients and families to care for themselves.
AFTER THE CLINICAL LIAISON EVALUATION
Craig Hospital sends out a clinical liaison to meet with each prospective patient and family. After the meeting, the liaison will write a clinical assessment and send it to the insurance company to request authorization for admission.

NEXT STEPS

APPROVAL PROCESS
After meeting with the clinical liaison, a Craig Hospital admission coordinator will contact your current case manager about admission to Craig.

TRANSFER PROCESS
Once Craig Hospital and the insurance provider have approved the admission, our admissions coordinators will work with the referring hospital to help arrange the admission date and transportation.

What to Bring

- 5-7 sets of athletic-style T-shirts and shorts with elastic bands
- Jacket or sweater
- Tennis shoes
- Knit hat
- Favorite lightweight throw or blanket
- Personal toiletries
- Personal mementos for your room
- Cell phone charger
- Camera to track progress

HELPFUL TIPS

1. Patients will want to have their own clothing for therapy in order to adjust to what they will wear at home. Consider items that are comfortable and easy to get on and off, such as T-shirts, sweatshirts, sweatpants or soft pants, and shorts.

2. Bring clothes that can be layered, because our weather in Colorado changes often.

3. We suggest patients with spinal cord injuries bring shoes that are two sizes bigger than their usual size.

4. We have basic hospital toiletries, but if you have favorite brands, you may bring those as well as makeup and shaving gear.

5. Bring pictures of family, pets, and friends to make your room feel more like home.

6. Label all your belongings before arriving so you can keep track of your personal items.
WHAT WILL YOUR DAY BE LIKE?
Rehabilitation at Craig Hospital is individualized to each patient. Most patients will get up each morning, Monday through Friday, to have breakfast in the cafeteria and then begin daily activities. Unless patients are sick, they are expected to take meals outside their rooms. If medically reasonable, patients are encouraged to stay up throughout the day, to interact with and learn from other patients and families.

The typical day will be busy from morning to afternoon. Your daily schedule during patient stay begins with classes at 8 a.m. or 9 a.m. There will be a number of therapy sessions throughout the day with your team members. You can expect your schedule to be full until 4 p.m. Classes are also offered and encouraged for patients to work on different skills. Each patient will have an individualized schedule based on his or her needs. During the late afternoon, evenings, and weekends our Therapeutic Recreation Department offers a variety of activities and outings.

PATIENT & FAMILY COMMITMENT
Patients are encouraged to be involved in determining their programs and schedules, but it is expected that patients will follow physician and treatment orders, adhere to treatment schedules, comply with educational goals, participate in outings, and take the fullest advantage of all the resources Craig has to offer.

EACH DAY YOU CAN EXPECT...
- Customized therapy sessions
- An individualized schedule with classes and therapy sessions
- Physician oversight
- A new schedule for the following day
- Meals in the cafeteria

Craig Hospital offers a number of services and programs, including aquatic therapy, therapeutic recreation, adaptive driving, and community reintegration.
YOUR TEAM

Patients and family are an integral part of the team at Craig. Each patient has his or her own interdisciplinary team, made up of experts in various rehabilitation fields. Each patient team is individualized to a patient’s needs. The team members are all Craig Hospital employees who meet routinely to discuss the patient’s progress, next steps, goals, and discharge plan.

Your team could consist of:
- You and Your Family
- Rehab Nurse
- Rehab Tech
- Respiratory Care Therapist
- Occupational Therapist
- Driving Evaluator
- Physical Therapist
- Dietitian
- Speech/Language Therapist
- Outpatient Clinical Care Manager
- Neuropsychologist/Clinical Psychologist
- School Teacher
- Physician
- Clinical Care Manager
- Therapeutic Recreation Specialist
- Chaplain
- Pharmacist

LENGTH OF STAY

Length of stay is individualized based on diagnosis, severity of injury, rate of progress, and possible complications. Initial rehabilitation often involves a period of transitional living during which patients and families live together and learn their care prior to discharge. The experience in our state-of-the-art transitional suites helps patients and families go home prepared and confident.

VISITING HOURS

Families are critical to the rehabilitation process, and Craig Hospital highly values family inclusion at all levels. We have high expectations for family involvement. Families are welcome anytime, and are highly encouraged to participate in therapy sessions, educational classes, conferences, and community outings with their loved ones.

OTHER VISITORS

We do not have strict visiting hours, and only request that visitations do not disrupt therapy. Hospital policy requires that children be accompanied by an adult, and visitors are asked to leave the hospital by 10 p.m. so patients and families can get their needed rest.

FAMILY HOUSING

Craig Hospital has a wide variety of programs specifically designed to support families, including housing for outpatients and families of inpatients, either in our on-site family housing facility or in a nearby hotel. First priority for the on-site housing suites is given to our outpatients. For families of newly injured rehabilitation inpatients who live more than 60 miles from Denver, we offer up to 30 days at no charge. If no on-site unit is available, we will provide housing in a nearby hotel. After 30 days, housing is available at a discounted rate on-site or at a nearby hotel, depending on availability.
**RESEARCH**
Craig Hospital’s research team is currently conducting a wide variety of ongoing studies.

We currently have a staff of 20, with an annual budget of $4.2 million in federal, state, foundation, and industry-sponsored grants, devoted to conducting a wide variety of applied spinal cord injury and traumatic brain injury rehabilitation research. In addition, funds raised from the annual PUSH Dinner support basic and clinical research.

Craig has been a federally designated SCI Model Systems Center since 1974, a TBI Model Systems Center since 1998, and the TBI National Data and Statistical Center since 2006.

Craig also conducts clinical trials of new medications to improve patient outcomes.

**Patient Funding**
Our admissions staff and counselors work closely with insurance and case management companies regarding admissions and ongoing treatment at Craig Hospital. We have contracts with approximately 50 insurance carriers, and experience with hundreds of other health plans, auto insurance carriers, workers compensation carriers, reinsurance and excess carriers, self-insured companies, preferred provider organizations, case management companies, Medicare, and several state Medicaid programs.

Craig Hospital’s new state-of-the-art PEAK Center is used by inpatients, outpatients, and community members.
EDUCATION AND SPECIALTY SERVICES

We believe education is imperative to rehabilitation and independence. We have several dozen subspecialty clinics and educational programs, such as airline travel training, a rehab engineering workshop, a sexuality and fertility counseling, financial services and adaptive equipment. We have an in-house TV production studio, and 55 self-produced training films that can be seen via closed circuit televisions in every patient room, family education and support groups, a patient and family education resource room, and care management manuals written by Craig staff.

PROGRAMS
Spinal Cord Injury (SCI) Rehabilitation
Traumatic Brain Injury (TBI) Rehabilitation
Combination SCI/TBI Rehabilitation
Ventilator-Dependent and Weaning Programs
Rehabilitative Neurosurgery

SERVICES
Interdisciplinary Outpatient Evaluation
First-Time Outpatient Evaluations
Clinical and Neuroscience Research

Adaptive Driving
Adaptive Technology
Airline Travel Training
Aquatic (Pool) Therapy
Attendant Care Training
Ceramics (Kiln)
Chaplain and Worship Services
Closed Circuit TV Education In-Room
Community Reintegration Services
Daily Living Skills and Personal Care
Dental Services On-Site
Dermatology Clinic
Dietary and Nutrition
Environmental Control Systems and Technology Laboratory
Family Education Classes and Training
Fertility Classes
Hand Evaluations, Bracing, Surgery
Health/Wellness Center
Horticulture Therapy
Infectious Disease Clinic
Interpreter Services
Neurosurgical Consultations, and Surgery
Orthopedic Clinic
Orthotics Program
Outpatient and Follow-Up Services
Pain Clinic
Personalized Equipment Coordination
Pharmacy and Pharmacologic Consultations
Podiatry Clinic
Posture Clinic
Prevention Programs
Radiology and Neuroradiology
Rehab Engineering Workshop
School Tutoring
Seating and Positioning Clinic
Sexuality, Intimacy, and Fertility Counseling
Skin Clinic and Skin Surgeries
Spasticity Clinic
Stress Management Classes
TBI Activity Room
Terrain Park Wheelchair Obstacle Course
Urology/Urodynamics Clinic
Weight Room
Wheelchair Demo Fleet
Wheelchair Positioning Clinic
Van Clinic
Vision Clinic

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Craig Hospital (c)
Redefining Possible for People with Spinal Cord and Brain Injuries