The Reinventing Yourself After SCI Multi-Site Project

The Reinventing Yourself After SCI Multi-Site project is a research study looking at how participation in a series of in-person or online classes may improve self-efficacy for people with SCI. Study participants will be asked to participate in a 6-week informational series that focuses on issues experienced by people with SCI and will address self-confidence, self-sufficiency, as well as teach strategies that others have used to move forward in their lives, and complete a series of assessments by phone. At the completion of the study, participants will be compensated for their time.

We are specifically looking for people who:

1. have a history of spinal cord injury/disorder (SCI/D)
2. are at least 4-weeks post-discharge from inpatient rehabilitation
3. are 18 years or older
4. have access to the internet and/or a DVD player
5. are English speaking
6. are able to attend 6 group meetings at Craig Hospital.

If you would like more information about this project or to see if you qualify, please call at 303-789-8030. This project is being conducted by the Research Department at Craig Hospital.