



CRAIG | HORTICULTURAL THERAPY

GARDEN CLUB



Garden Club is a weekly two-hour window for drop-in gardening sessions, whether accompanied with a therapist or during a free hour. Garden Club is designed to provide space to work on therapy goals in a garden setting, learn more about gardening with adaptive tools, or just spend time outside making the Craig Hospital North Garden a more beautiful space. Craig's Horticultural Therapist will be present to designate tasks and assist with gardening/tools.

All patients and/or caregivers are welcome to drop in for as little or as long as desired. Therapists are encouraged to bring patients to the garden to work on therapy goals during sessions, as there will be tasks to address any therapy goal. Therapists are also encouraged to bring patients who might be new to gardening. Let your therapists know if you would like to join. There is no participant limit.

Garden Club will typically be on Thursday mornings 9-11 a.m., beginning April 18, 2024, and ending October 10, 2024. There are several weeks Garden Club will be held on Tuesday, noted below. The group will be based out of the North Garden with plenty of indoor tasks to care for the greenhouse if an indoor setting is preferred.

Contact Mattie at mcryer@craighospital.org or 303.789.8294 with questions.

THURSDAYS 9-11 a.m.* **April 18 - October 10, 2024**

Meet in the North Garden, rain or shine

*Garden Club will be held on Tuesday
for the following dates:

May 14
July 2
July 11
August 20

