

UAB ARTS IN MEDICINE: Online Writing for Healing Workshop



We invite you to
participate in a research study
to help us understand the impact of expressive
emotional writing on emotional well-being and activity
participation in adults with spinal cord injuries.

Our study involves your participation in
**ten 60-minute online expressive
emotional writing sessions**
and completion of questionnaires
and an exit interview.

Compensation up to \$100
will be provided for participating in the study.

If you are interested or want to know more,
please contact **Jessica Hawkins** at 205-975-2882 or
jshawkins@uabmc.edu.