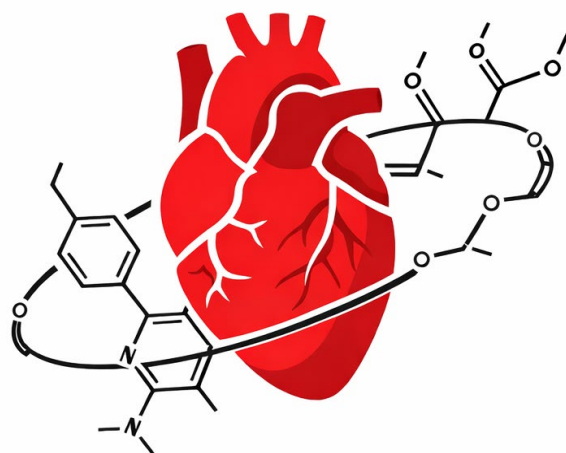


RESEARCH OPPORTUNITY

Statin's Pleiotropic Action for Reducing Cardiovascular Risk after SCI (SPARC-SCI)



What is this research study about?

People living with **spinal cord injury (SCI)** have a higher risk of **early heart attacks and strokes**. Our team believes that **blood vessels after SCI** are dysfunctional which can increase plaque build up. **Statins** are medications commonly used to lower cholesterol and prevent heart attacks and strokes. They may also **improve vascular health**, even in people with SCI and **normal cholesterol**. This study is testing whether **taking a statin can improve vascular health in people with SCI** and help reduce future heart and stroke risk.

What does the study involve?

People with SCI who are eligible will participate in a **comprehensive heart evaluation** including physical exam, blood tests, ECG, and advanced vascular function testing, **receive statin medications for 12 weeks**, and repeat the heart evaluation over **several in person and virtual visits**.

Contact us to learn more and see if this study is right for you.

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IRB APPROVED
AS MODIFIED
At the Study Level
Mar 26, 2026